

M'EATING POINT BREAKFAST

SPECIAL DIETS

please see reverse of menu for vegan & gluten free menus, and allergen information

TRADITIONAL

Breakfast 7.30

our biggest seller! two bacon, sausage, egg, hash brown, mushrooms, beans & toast.

Large Breakfast 9.75

more of the good stuff. two bacon, two sausages, two eggs, two hash browns, black pudding, mushrooms, beans, half grilled tomato & toast.

Meat Free v 7.40

one sausage, two free range eggs, two hash browns, mushrooms, beans & toast.

Vegan v 7.65

two vegan sausages, two hash browns, two grilled tomato halves, mushrooms, beans & toast

Bacon Bap three unsmoked back bacon in a roll. 4.10

Sausage Bap two premium sausages in a roll. 4.30

Veg Sausage Bap v three sausages in a roll. 4.25

Extras;

bacon 1.00, sausage 1.65, veg sausage 1.10, fried egg 0.85, poached egg 0.85, scrambled eggs 1.70, hash brown 0.60, mushrooms 1.00, beans 1.00, tin tomatoes 1.00, toast 0.50, fried bread 0.60, black pudding 0.70, guacamole portion 2.00, toasted muffin 1.10, hollandaise 1.00, maple syrup, 1.20

HIPSTER

Smashed Hash Browns v 7.25

five hash browns smothered in a rich shakshuka, melted cheese and a fried egg

Shakshuka v 4.75

made in house, this is a north african inspired, lightly spiced chunky blend of tomatoes, peppers, onions, garlic and spices, topped with poached eggs. served with a little dipping bread.

Avocado On Ciabatta v 7.25

a compulsory hipster addition, a toasted ciabatta with a smashed avocado mix seasoned with garlic, lime and chilli flakes. topped with a couple of poached eggs.

Eggs Benedict 6.85

two muffin halves with thick cut bacon, two poached eggs, and a hollandaise dressing.

Eggs Royale 9.25

fancy benedict, this one comes with smoked salmon in place of the bacon. fancy!

Eggs Florentine v 6.65

traditional vegetarian version, this one's with spinach. a great flavour combination. add fried chorizo for another 1.50

LIGHT BITES

Fresh fruit salad v 4.65

fresh fruit salad bowl in a light stock syrup with a little basil and warming chilli

Granola bowl v 3.95

mixed fruit and coconut granola served with mixed fresh berries and plain yoghurt

Toasted teacake v 2.25

traditional fruit teacake toasted and buttered

Toast v 1.50

two thick slices with jam or marmalade

Fried eggs on toast v 3.65

two fried eggs on thick toast

Beans on toast v 3.50

loads of beans on two thick toast

Cheese on Toast v 3.80

melted cheddar on two thick toast

Small Breakfast 5.60

one sausage, one bacon, one egg, beans and one toast

BUTTERMILK PANCAKES

Berry compote v 6.95

three buttermilk pancakes served with berry compote and maple syrup. Vegan available for £1 extra.

Bacon & egg 7.55

three buttermilk pancakes served with three crispy streaky bacon, one egg and maple syrup

Nutella v 6.65

with fresh banana, nutella and a sugar dust

EMAIL

hello@m-eatingpoint.com

VEGAN AND GLUTEN FREE BREAKFAST

ALLERGIES

If you have a food allergy or any special dietary requirement, please let a member of the team know before placing your order. Whilst we make every effort to limit contamination between foods, we have a small kitchen and there is a possibility of minor cross contamination through cooking equipment.

VEGAN

Fresh fruit salad	4.65
fresh fruit salad bowl in a light stock syrup with a little lime and warming chilli	
Granola bowl	3.95
mixed fruit and coconut granola served with mixed fresh berries and a side of oat 'milk'	
Shakshuka	3.95
made in house, this is a north african inspired, lightly spiced chunky blend of tomatoes, peppers, onions, garlic and spices. served with a little dipping bread.	
Vegan Breakfast	7.65
two veg sausages, two hash browns, two grilled tomato halves, mushrooms, beans & toast	
Pancakes and berries	7.25
Stack of vegan pancakes with maple syrup & berry compote	
Toasted teacake	2.25
traditional fruit teacake toasted and buttered	
Toast	1.50
two thick slices with jam or marmalade	
Beans on toast	3.50
loads of beans on 2 thick toast	
Sausage bap	4.25
three vegan sausage in a bread roll with vegan spread	

GLUTEN FREE

Are you Coeliac?

Please let us know so we can be extra careful.

GF Breakfast	7.65
two bacon, sausage, egg, mushrooms, three hash browns, beans and half a grilled tomato.	
Smashed Hash Browns	7.25
five hash browns smothered in a rich shakshuka, melted cheese and a fried egg	
GF Vegetarian Breakfast	6.65
two eggs, two grilled tomato halves, mushrooms, beans, three hash browns & beans.	
Hash Benedict	7.15
four hash browns topped with bacon, eggs and hollandaise	
Hash Royale	9.35
as benedict but swap the bacon for smoked salmon.	
Hashocado!	7.25
four hash browns smothered in guacamole with two poached eggs on top.	

STUDENTS

we offer 15% discount on all food and drink to students Monday - Friday, until 6pm! if you aren't in uniform, have your student ID ready.

CHILDREN

we don't want you to have to choose a meal your little ones don't want, so create your own from the items below :)

bacon 1.00, sausage 1.65, veg sausage 1.10, fried egg 0.85, poached egg 0.85, scrambled eggs 1.70, hash brown 0.60, mushrooms 1.00, beans 1.00, tin tomatoes 1.00, toast 0.50, fried bread 0.60, black pudding 0.70, guacamole portion 2.00, toasted muffin 1.10, hollandaise 1.00, pancake 1.00, maple syrup, 1.20

