

# • M'EATING POINT •

## BREAKFAST MENU

until 2pm

### traditional breakfast

Regular • two rashers of bacon, one sausage, one free range egg, hash brown, mushrooms, beans & toast. Swap toast for hash brown for gluten free **(GF)** 6.90

Large • two rashers of bacon, two sausages, two free range eggs, two hash browns, mushrooms, black pudding, beans & toast 8.90

Meat Free • one plant based sausage, two free range eggs, two hash browns, mushrooms, beans.& toast **V (GF)** 6.80

Vegan • two plant based sausages, two hash browns, two grilled tomato halves, mushrooms, beans & toast with vegan spread **Ve (GF)** 6.80

Sausage or bacon bap 4.00

Extras • bacon, sausage, egg, beans, toast, hash browns, mushrooms, black pudding, veg sausage, grilled tomatoes, maple syrup. Smashed avocado £2 1.00 ea

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Eggs Benedict • two muffin halves with thick cut bacon, poached eggs & hollandaise 6.85

Eggs Royale • two muffin halves with smoked salmon, poached eggs & hollandaise 8.85

Eggs Florentine • two muffin halves with spinach, poached eggs & hollandaise **V** 6.65

Avocado on Ciabatta • poached eggs, smashed avocado with chilli, lime & garlic, on toasted ciabatta **V (Ve)** 6.95

Mixed fruit & coconut granola served with fresh mixed berries & plain yoghurt **V** 3.95

Buttermilk pancakes with maple syrup & bacon 6.95

Buttermilk pancakes with maple syrup & berry compote **V (Ve)** 6.25

Smashed Hash Browns • smothered with a lightly spiced, chunky tomato sauce, melted cheese & a crispy fried egg **V** 6.60

Shakshuka • North African in origin, this is a spiced chunky tomato sauce with peppers, onions & garlic, with two poached eggs on top. Served with crusty bread **V, (Ve)** 4.65